



Maharishi School
P.E. & Sports Premium Report 2018-2019
Impact & Evidence

Key achievements to date:	Areas for further improvement and baseline evidence of need:
Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	89%
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	100%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	89%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Academic Year: 2018-2019		Total fund allocated: £17,060.00		Date Updated: 31/07/2019	
Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation:
					7.73%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
Opportunities in place for pupils to receive at least 30mins of physical activity per day.	Sun Salute practised twice daily by all pupils. Outdoor breaks available three times per day (weather permitting). Development of curriculum opportunities for all children working alongside SHARES Lancashire PE Specialists whole school approach.	£1,327.39	As this is ongoing the evidence/impact is clear in the children’s achievements and improvement over the last year.	Outdoor area with nets and floor markings to encourage more children to be more active during lunchtimes. Establish Playground Leaders to encourage active participation during lunchtimes.	
Opportunities to increase regular active physical activity through playgrounds to enhance pupils’ fitness.	Development of playground activities using the playground, breakfast club and after school club.		Outdoor court used on a rotation basis during daily three breaks. SHARES Lancashire PE Specialists lead Out of Hours Club sports activities.	Establish a Daily Mile activity. Increase the range of playground equipment.	

<p>Play equipment purchased for breaks and lunchtime: skipping ropes, football, basketball, etc.</p>	<p>Encourages outdoor playing and other activities. Improves the physical health of children. Develops social skills/teamwork among pupils in a school</p>		<p>Pupils are attracted to play outside during breaks. Pupils are making use of the available equipment –running, jumping, stretching and using their co-ordination through play. Pupils are peer and self-motivating, encouraging others to take part in activities. Playing physical games afford the children the opportunity to play co-operatively.</p>	<p>Lunch supervisors receive CPD to support active play. The use of Go Noodle appears in class timetables.</p>
<p>All pupils have access to GoNoodle, using movement and music to get active within the classroom on a regular basis.</p>	<p>Desk-side movement helps pupils achieve more by keeping them engaged and motivated throughout the day.</p>		<p>Pupils are motivated by the tailored activities and are reminded to move on a regular basis, they naturally become less sedentary in the classroom and at home.</p>	

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				80.25%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £13,778.92	Evidence and impact:	Sustainability and suggested next steps:
As we have no on-site sports hall, we hire Sports Hall Facilities to ensure pupils participate in regular PE in autumn and winter months due to inclement weather (This includes Transport to Site) thus reinforcing the idea that PE should be undertaken at all times.	Because we have to make alternative arrangements for venue and travel, it reinforces the importance that regular PE should be undertaken at all times and that PE and Sport can be enjoyed in all environments.		Pupils become accustomed to regular PE sessions, regardless of the weather; they become fitter and participate in all lessons.	PE Coordinator, SHARES PE specialist and SMT liaise to appraise the suitability of all venues used.
Funding has allowed membership of SHARES Lancashire PE which provides CPD opportunities for staff with specialist coaches to work alongside them on themed activities. Keep raising the profile of PE/School sport with staff, pupils and parents within school and the local community.	Specialist coaches input produces high quality lessons/lesson observations and children assessments. Recognise effort, teamwork and determination and self-belief of children during PE lessons and clubs to encourage participation.		Staff provided with high-quality, sustainable CPD through observation and participation with SHARES PE specialist, to help them teach PE/Sport more confidently and effectively.	PE Co-ordinator to liaise with SHARES PE specialist and organise relevant links and training.

<p>Maharishi School Supports Consciousness-based Health Education programme (CbHE). CbHE supports the aims of CbE by cultivating balance in mind, body and behaviour. This programme involves elements such as yoga postures and dynamic exercise for flexibility and fitness, practical knowledge about healthy eating and knowledge about healthy daily and seasonal routines. CbHE also includes a consideration of the impact of the physical environment on health.</p>	<p>Pupils practise yoga postures in the morning before school starts and in the afternoon when school ends. Pupils are given CbHE lessons in a cross-curricular manner with the aim of promoting a physical environment that is healthy, uplifting and nurturing.</p>		<p>Pupils become conscious of the importance of a healthy environment; they are aware that participation in exercise and flexibility are fundamental for a healthy lifestyle. Evidence and impact is clear in the pupils' improvements in the last year.</p>	<p>This programme has some elements in place but is currently under further development.</p>
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				3.20%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £550.00	Evidence and impact:	Sustainability and suggested next steps:
Our staff have benefited from CPD courses run by SHARES & School Sports Partnership and from working alongside qualified sports coaches from SHARES Lancashire to support their delivery of PE/Sport.	To support staff, especially those whose specialism is not PE, to become more confident in teaching a variety of PE/Sport lessons in order to show outstanding practice. Work alongside the SHARES Lancashire PE Specialist.		Increased subject knowledge and confidence amongst staff. Improved quality of sports sessions for pupils.	PE co-ordinator and SHARES PE specialist to introduce a team-teaching approach across all year groups through quality CPD.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				3.20%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £550.00	Evidence and impact:	Sustainability and suggested next steps:
<p>Additional achievements: SHARES Lancashire PE specialist to run a variety of sessions during curriculum time during morning/lunchtime/after school in order to offer a wide range of activities.</p> <p>Extra-curricular activities are provided throughout the year – e.g. yoga, ball games and tag rugby.</p> <p>Pupils took part in Bikeability – 3 days of Learn to Ride sessions</p> <p>Pupils took part in rugby sessions led by Shares Lancashire & Leigh Centurions.</p>	<p>Relationship with SHARES Lancashire in order for the specialist’s sessions to run.</p>		<p>Club attendance levels</p> <p>Staff voluntary support will ensure sustainability for the future.</p> <p>Increased pupil participation.</p> <p>Introduced new sports to the children, for example handball.</p>	<p>Pupil survey to ascertain and measure involvement in out-of-school sport.</p> <p>PE co-ordinator and SHARES PE specialist to liaise to evaluate the range of sports currently on offer.</p> <p>Extra-curricular clubs offered to include a range of different sports throughout the year.</p>

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				5.61%
School focus with clarity on intended Impact on pupils:	Actions to achieve:	Funding allocated: £963.64	Evidence and impact:	Sustainability and suggested Next steps:
Children across a variety of year groups able to take part in organised sports events & competitions run by SHARES Lancashire.	Participate in competitions throughout the year.		Pupils participated in SHARES Lancashire swimming gala.	Increased attendance in a range of competitions organised by SHARES Lancashire leading to more children being able to experience taking part in competitions. Introduce in-house sports competitions.
Annual Sports Day held at Edge Hill Athletics track with focus on team competition.			All primary phase pupils participated in this event which encouraged participation and team spirit.	Establish a summer running club led by SHARES PE specialist.