



MAHARISHI SCHOOL

CONSCIOUSNESS - BASED EDUCATION

12th September 2019

Dear Parents and Carers,

We are delighted to welcome you back to Maharishi School and look forward to working with you and your child over the coming year. If you have any questions or concerns, please feel free to contact me via email at parents@maharishischool.com or by telephone on 01695 729912. Please find below some useful information for the new school year and the coming half term.

Welcome to new students

Our new Year 7 pupils are settling in well at the secondary site, getting used to their new subject teachers, to moving from classroom to classroom for each lesson and familiarising themselves with the different routines at the secondary site; our new Reception pupils are part-way through a staggered start to their journey with us at the primary site - they are building up to staying for lunch and on into the afternoon; and a small number of new students have joined us in other year groups across the school - they are being well looked after by their new classmates and will soon feel as if they have always been a part of our school community!

Welcome to new staff

We have been joined this year by a new teaching assistant at the secondary site. Mrs Ahern is our new KS3-4 English subject specialist TA and will be working with pupils from year 7 to year 11.

Additional staffing information

Miss Copplestone will commence her maternity leave in October and we wish her every happiness during this time. Mrs Gaskell will be the acting deputy head of the primary phase for the remainder of this academic year and Miss Wagstaff will take over as the year 1 class teacher during this time.

Headteacher: Mrs L Edwards BA(Hons), PGCE.

Tel: 01695 729912 Email: enquiries@maharishischool.com www.maharishischool.com

Cobbs Brow Lane, Lathom, Ormskirk, Lancashire L40 6JJ

Consciousness-based Education

Our new reception pupils have learnt Word of Wisdom and are becoming familiar with how to self-pulse read. Their understanding of the process will grow throughout this first term of their school life. Our year 6 pupils have just learnt Transcendental Meditation for the first time and the feedback from the TM teachers, school staff and the pupils themselves has been wonderful. The pupils told me that they feel 'calmer and more settled', that TM is 'refreshing for the brain' and 'a good start to the day' and that they feel that they are 'less stressed' and 'nicer to people'. As always, our pupils are the best advertisement for our wonderful school and for the benefits of Transcendental Meditation!

Healthy School Initiative/Rethink, reduce, reuse, recycle

We are continuing to phase a 'healthy snacks only' approach into our school day. As this is the third year of this initiative, we now have pupils from reception through to year 2 participating fully, with pupils from other classes invited to join in as well. As part of our PSHE curriculum and our involvement in Aldi's Kit for Schools programme, there will be numerous opportunities for our pupils to learn more about the benefits of a healthy diet and regular physical activity.

In our pursuit to become a more environmentally aware and sustainable school, we now have compostable containers for our school lunches, we have an Eco-Schools Committee established at the secondary phase and we will be working towards the Eco Schools Green Flag Award this year.

Extra-curricular activities

GCSE Computing Science and GCSE Photography continue to be offered at the secondary site; the Duke of Edinburgh award (bronze and silver) is offered to pupils in years 9-10; and there are a range of year 11 booster classes available - further details will be sent to the relevant pupils. Karaoke Club will continue on Friday lunchtimes and a range of new extra-curricular clubs will begin at the secondary site this half term, including Chess Club, Dungeons & Dragons Club, Mission Explore Club, Children's Book Club and Science Club.

Primary clubs will take place on Thursdays after school during the autumn term and will include Eco Club, Crafty Club, Calmful Colouring Club and Film Club.

Parents Evenings

Primary parents evenings will take place on Monday 21 October and Monday 30 March from 3:40 - 5:40. Sign-up sheets will be available in reception nearer to the time.

Secondary parents evenings will take place on Monday 16 - Tuesday 17 December and on Monday 30 - Tuesday 31 March 3:40 - 6:00. Pupils will complete their own sign up sheets by liaising with parents and teachers.

Key Dates for autumn 1

Primary

Y2 trip to Liverpool Museum

Wednesday 16 October

Y3 trip to Dewa Museum

Wednesday 23 October

Y4 Catalyst Museum

Tuesday 8 October

Primary class presentations to parents 3:40 - 4:10

Reception

Tuesday 12 November

Year 1

Wednesday 20 November

Year 2

Tuesday 15 October

Year 3

Wednesday 13 November

Year 4

Wednesday 2 October

Year 5

Thursday 24 October

Year 6

Tuesday 22 October

Secondary

Y8, 9 & 10 theatre trip, St. George's Hall

Mon 7 October

Y11 Parents Information Evening

Thur 10 October

Y6-7 Information Evening

Thur 17 October

Y8-11 Spanish trip

Thur 24 - Mon 28 October

Y10 photography trips:

Local walk

Wed 2 October

Formby Beach

Fri 11 October

Liverpool

Fri 18 October

Both phases

World Mental Health Day

Thur 10th October

With warmest wishes



Mrs Edwards

Being happy is of the utmost importance. Success in anything is through happiness.

Whatever we put our attention on will grow stronger in our life.

Maharishi Mahesh Yogi