



MAHARISHI SCHOOL

CONSCIOUSNESS - BASED EDUCATION

15th February 2019

Dear Parents and Carers,

Thank you for your support of the school during spring term 1. Below are details of some of the activities that have taken place during this half term.

Environmental Initiatives

Following our first Environmental Focus Group meeting in January, we plan to roll out the Eco brick project, introduced to year 3 by Mrs Freel, across the school in order to significantly reduce our non-recyclable soft plastic waste whilst creating a sustainable building material which we will use to build a friendship wall at the primary site. On Monday 4 March at 3:40, we will be holding a short workshop at the primary site for any families who would like to participate at home and would like some guidance on how to correctly produce an Eco brick. Please let us know via your child's class teacher or send an email to parents@maharishischool.com if you would like to attend. The next Environmental Focus Group meeting will be at 4:10 following the Eco brick workshop. All are welcome.

We have also begun a crisp packet recycling project at both sites. A short video explaining the project can be seen via this link: <https://www.walkers.co.uk/recycle>

Activities this half term

This half term, year 6 visited the World Museum in Liverpool. As part of their study of the Ancient Egyptians, the pupils completed an information trail and had the opportunity to visit many of the museums' other exhibitions. Year 2 and year 6 enjoyed the visit from the Fire Brigade. They learned about fire safety in the home and the importance of knowing your own address in case there is ever a need to call 999. All primary phase pupils attended an assembly by the NSPCC, and year 6 pupils also participated in a workshop, which covered very important issues of personal safety such as appropriate and inappropriate behaviour, how to speak out if they find themselves in an uncomfortable situation and which numbers to call for help or advice.

Duke of Edinburgh pupils from years 9 and 10 are continuing to work on their sections - volunteering, skill and physical. Please support your child by discussing progress towards completing these sections with your child and contact Mrs Ingram if there are any issues. Word of the Week has continued with the words garish, fervent, myriad, intrepid and evoke. You could support your child at home by practising these words, for example by competing to see how often you/your child can fit the new word of the week into everyday conversation.

This term the Parents' Book Club met to discuss *The Woman in the Window* by *A. J. Finn*. We will be meeting again on Thursday 4 April at 6:30 (until no later than 7.30pm) to discuss the next book - **The Tattooist of Auschwitz** by **Heather Morris**. All are welcome. Please email Mrs Steele if you intend to come along, so that refreshments can be provided at parents@maharishischool.com

Headteacher: Mrs L Edwards BA(Hons), PGCE.

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Key Dates for Spring 1**Primary**

25 February	Sponsored Switch off (NSPCC)
6 March	Y4 visit to Catalyst Museum
18 March	Y5 Indian Cultural Day
26 March	Y2 visit to Staircase House
28 March	Y1 visit to Windmill Farm
29 March	Reception & Y1 Bikeability
4 April	Y3 visit to Martin Mere

Sport - Spring Term 2

Reception every Wednesday
 Yr1 - Yr2 every Friday
 Yr3 & Yr4 every Friday (swimming from 8 March)
 Yr5 - Yr6 every Friday

After-school clubs

Wednesdays 3:30-4:30	Eco Club Y4,5,6 and Crafty Club Y1,2,3
Thursdays 3:30-4:30	First Aid Club Y3,4,5

Secondary

Mondays 4:00-5:00	Y11 maths revision class
Wednesdays 4:00-5:00	Art (4:00-6:00) & French (4:00-5:00) boosters (alternate weeks)
Wednesdays 4:00-6:00	Photography lessons
Thursdays 4:00-5:45	Computer science & French lessons

DofE bronze expedition preparations dates TBC

Both phases

7 March	World Book Day
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Date for the diary:

Thursday 4th April 2019 - Textile Collection

Friday 21st June 2019 - Summer Fair

Have a peaceful and restful half term break.



Mrs Edwards
Headteacher.

The formula for producing maximum results is to disregard the obstacles and negative influences which offer resistance to the performance of action. The doer should engage in action and continue until the desired results are achieved. When the standard of consciousness is raised through the process of meditation, the action performed at that higher level of life energy and intelligence will have an overriding influence on karma from the past and will produce maximum results.

Maharishi Mahesh Yogi