



MAHARISHI SCHOOL
CONSCIOUSNESS - BASED EDUCATION

11 June 2018

Dear Y11 Parents and Carers,

We have recently spoken to our pupils about a wonderful opportunity available to them at the end of year 11. The National Citizen Service (NCS) is a 3-4 week experience, that takes place in the summer holidays between school and college, which helps pupils to build the confidence and self belief that they can take on anything in life.

This is a government-funded initiative and 400,000 young people have already taken advantage of this wonderful opportunity. The cost of the programme is around £1500 per pupil - **this is funded by the government and the actual cost to pupils is £50 (£30 if pupils sign up before 22 June 2018)!**

Phase 1 is 'adventure': Pupils are taken to an activity centre for a week of adrenaline-fuelled challenges such as rock climbing, canoeing, hiking and archery. They will be in teams of 12-15 and if pupils sign up with a friend, they can request to be in the same group; however many young people choose to use this as an opportunity to make some brand new friends and start to become more independent.

Phase 2 is 'discovery': Pupils are reunited with their group in a uni-style environment where they will develop life skills such as confidence, leadership and communication. They will also work on their CV and learn how to write a personal statement.

Phase 3 is 'social action': Pupils work with their team to plan and implement their own social action project.

This is a wonderful opportunity for our pupils to make themselves stand out in college and in job applications and it will give them lots to talk about in interviews as they will be ahead of the game compared to many of their peers!

To find out more please go to:
<http://www.ncsyas.co.uk/what-is-ncs>

Kind regards

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