



MAHARISHI SCHOOL

CONSCIOUSNESS - BASED EDUCATION

15 May 2017

Dear Parents and Carers

Practice Expedition - Sat 20 and Sun 21 May

The time has come for our Bronze Group 4 to do their Practice Expedition this weekend. Please use the enclosed kit list to help your child pack their bag ready to be weighed on Wednesday afternoon after school. They should please bring their packed bag (minus last minute food items) to school on Wednesday morning.) If there are any problems before Wednesday, please contact me as soon as possible so that I can see if I can help.

Rucksack points:

- Make sure the rucksack is at least 60 L in size.
- Line the rucksack with black bin liner to keep everything dry.
- Heaviest stuff goes on top.
- Everything should go IN the bag if possible and not hang off the bag. The ground mat (wrapped in bin liner) could sit comfortably at the top of the closed bag.
- First Aid kit should be easily accessible and should have some "Compeed" blister plasters as part of its contents. Any other regular medication should also be in the first aid kit.

Phones:

- There will be no opportunity for pupils to charge their phones while on the expedition, so they are encouraged to use them minimally.
- As this is also an exercise in independence the DofE discourages participants and parents from contacting each other during the expedition except in an emergency. If you need to get in contact with your child during the expedition weekend you can contact Mrs Ingram on 07906 168064 (or 01695 557389). I will be in contact with Mr Scott our expedition leader.

Arrangements for the weekend:

As we are not starting the expedition at the scout camp, we will be leaving from school on Saturday and will deliver pupils back to school on Sunday.

Saturday 20 May - 9 am at the MBB building for bag check and last minute adjustments. We will be leaving the school by 9:30 SHARP.

Headteacher: Mrs L Edwards BA(Hons), PGCE.

Tel: 01695 729912 Email: enquiries@maharishischool.com www.maharishischool.com

Cobbs Brow Lane, Lathom, Ormskirk, Lancashire L40 6JJ

Sunday 21 May - we will contact you about ½ hour before we expect to be back at school as this time depends on how quickly each group completes their expedition. We expect to be back at the school any time between 3 and 5 pm.

Please fill in the reply slip at the bottom with your contact details for the weekend and any information about medical or other details we should be aware of this weekend.

We are all looking forward to this and I know they will do really well. Once again, if you have any queries feel free to contact me in the first place on mingram@maharishischool.com. Please do not use the mobile number except on the expedition.

Thank you for your continued support in this great adventure for our pupils.

With best wishes
Mareanna Ingram
DofE Manager

I confirm permission for my child _____ to go on the DofE practice expedition on 20-21 May 2017.

My contact details for the weekend are: _____

Medical/other information (please list any medication other than first aid that your child will be carrying):

Signed: _____