



**MAHARISHI SCHOOL**  
CONSCIOUSNESS - BASED EDUCATION

9 May 2017

Dear Parents and Carers

On Thursday 18 May I would like to take year 8 to the local woods for a CbIDS lesson. We will be walking there after meditation in the morning and will be back in school for lunch. There will be two adults accompanying pupils and a risk assessment has been done for the session.

Pupils should bring comfortable walking shoes or wellies to wear as it may be muddy, but they should wear their normal school uniform. It would be good if you could also make sure that they have a bottle of water to bring along.

Would you please sign the reply slip to give your permission for your child to walk to the woods and return to Mrs Ingram by Monday 15 May. If you have any queries, please contact me at school or via the school email.

Yours sincerely  
Mareanna Ingram

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**PLEASE HAND INTO MRS INGRAM BY MONDAY, 15 MAY**

I give permission for my child \_\_\_\_\_ to walk to the local woods for a CbIDS lesson on Thursday 18 May.

Signed: \_\_\_\_\_

Headteacher: Mrs L Edwards BA(Hons), PGCE.

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